

- Sing one or two songs from morning worship (printed in bulletin, available at [redeemerprestemple.org](http://redeemerprestemple.org) under the “Resources” tab)
- Read the Scripture passage (printed below and in bulletin)
- Pray with a specific focus on people and situations in the group (spiritual growth, needs, encouragement, rejoicing)
- Pray for the truths discussed from the Scripture study to more deeply permeate our lives and empower us for service and mission together.

## Discussion Questions

1. Did you resonate with the examples given at the beginning of the sermon of our restlessness and constant striving to achieve and to prove our worth? In what specific ways does this show up in your own life?
2. What makes it hard for you to stop and receive the rest God wants to give you on the Sabbath?
3. The Pharisees made all kinds of extra-biblical laws and taught them as God's will for the people. What are examples of modern day "laws" that we in the church tend to make and treat as necessary to please God?
4. What was the point Jesus was making to the Pharisees from the story of David and the bread of the Presence from 1 Samuel 21?
5. In what ways is Jesus "Lord of the Sabbath"? How can you honor Christ by honoring the Sabbath?
6. How might receiving the gift of the Sabbath reorient your life and reorder your week?

## Announcements

- Next week is the last week of Community Groups and Sunday School!
- **PUB NIGHT** May 2
- **SENDING SUNDAY** May 19

## Luke 6:1-11

<sup>1</sup> On a Sabbath, while he was going through the grainfields, his disciples plucked and ate some heads of grain, rubbing them in their hands. <sup>2</sup> But some of the Pharisees said, “Why are you doing what is not lawful to do on the Sabbath?” <sup>3</sup> And Jesus answered them, “Have you not read what David did when he was hungry, he and those who were with him: <sup>4</sup> how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?”

<sup>5</sup> And he said to them, “The Son of Man is lord of the Sabbath.”

<sup>6</sup> On another Sabbath, he entered the synagogue and was teaching, and a man was there whose right hand was withered. <sup>7</sup> And the scribes and the Pharisees watched him, to see whether he would heal on the Sabbath, so that they might find a reason to accuse him. <sup>8</sup> But he knew their thoughts, and he said to the man with the withered hand, “Come and stand here.” And he rose and stood there. <sup>9</sup> And Jesus said to them, “I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?” <sup>10</sup> And after looking around at them all he said to him, “Stretch out your hand.” And he did so, and his hand was restored. <sup>11</sup> But they were filled with fury and discussed with one another what they might do to Jesus.